

## ACCOUNTABILITY QUESTIONS FOR MEN

### All Men

In the past few weeks . . .

1. Have you exposed yourself to any explicit or marginal material including TV, movies, the internet, or magazines?
2. Have you lusted after another woman or man, real or imaginary?
3. Have you been with a woman or a man in such a way that was inappropriate, or could have looked to others like you were using poor judgment?
4. Have you exercised self-control over food, drink, smoking, or tobacco?
5. Have you gossiped or demonstrated a critical spirit?
6. Have you neglected fellowship with other believers by not attending church or small group?
7. Are you aware of any un-confessed sin(s) in your life?
8. Is there anyone you need to forgive?
9. Have you been completely above reproach in all your financial dealings?
10. Have you spent your time and money wisely?
11. Have you fulfilled your personal goals for prayer, scripture reading, and memorization?

### If married or have children

In the past week . . .

1. Have you complimented and affirmed your wife?
2. Have you been helpful to your wife without being asked?
3. Have you been the spiritual leader of your family?
4. Have you spent sufficient quality time with your children?

## ACCOUNTABILITY QUESTIONS FOR WOMEN

### All Women

In the past few weeks . . .

1. Have you exposed yourself to any explicit or marginal material, including TV, movies, the internet, or magazines?
2. Have you entertained inappropriate thoughts toward another man or woman, real or imaginary?
3. Have you been with a man or woman in such a way that was inappropriate, or could have looked to others like you were using poor judgment?
4. Have you exercised self-control over food, drink, smoking, or tobacco?
5. Have you gossiped or demonstrated a critical spirit?
6. Have you neglected fellowship with other believers by not attending church or small group?
7. Are you aware of any un-confessed sin(s) in your life?
8. Is there anyone you need to forgive?
9. Have you been completely above reproach in all your financial dealings?
10. Have you spent your money and time wisely?
11. Have you fulfilled your personal goals for prayer, scripture reading, and memorization?

### If married or have children

In the past week . . .

1. Have you demonstrated love, respect, and submission to your husband?
2. Have you been guarding your home from outside influences that would be unhealthy for your family?
3. Have you spent sufficient quality time with your children?